Koukoumi Wellness & Spa



WELLNESS CONSULTATION WITH OUR COMPLIMENTS 30min

Our Wellness methodology lies on four holistic steps: Detox - Relax - Release - Reset, your Body - Mind - Soul

Book your appointment and together we can identify the best options for your physical and emotional well- being, by discovering the optimum option your conscious & unconscious mind requires, following the Koukoumi protocol

Let us discover your personalized wellness program and guide you to a journey of self-awareness, via your senses



DETOX

• Purify Me •

Full body signature hand massage focusing on the stressed areas using Bolivian matherotherapy wooden tools, that detoxify and increase the body's metabolism

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50'/120€

RELAX

Inner Peace
Relaxing full body massage using light/medium pressure
60' / 80 €

 Mood Uplifter •
Aromatherapy massage using a collection of essential oils. Applied with light pressure 50' / 90 €

RELEASE

 Muscle Release
Full body massage targeting muscular tension using invigorating movements stretches
50' / 90 €

RESET

 Hot Stone Massage •
An hour dedicated to wellness and muscle pain relief with mental, emotional and physical benefits
60' / 100 € - 90' / 140 €

Prenatal Massage
Releases tension and enhances the bond between mother and baby
60' / 90 € - 90' / 130 €

YIN YANG FACE

 Glow Up •
Refreshing moisturizing treatment using special pressure points, gua sha techniques and face massage
60' / 130 €

 Anti Gravity
Deluxe anti-aging facial focusing on deeper hydration of the skin and increasing circulation combined with deep cleansing, Gua Sha and face massage 60' / 140 €

Indian Head Massage

A traditional Ayurvedic experience preventing headaches, promoting lymphatic drainage, hair growth and memory using oil combined with face and neck massage 50' / 120 €



YIN YANG BODY

Body Super Glow
A treatment that will deeply exfoliate, cleanse & moisturize your body combining sauna, scrub and hydration
60' / 120 €

 Yang Glow
A powerful treatment including sauna and massage using strong pressure. For better results, pair this treatment with you gym session
80' / 120 €

TAILORED MADE – BREAK

Focus on one area with the intensity of your choice

- Upper body (neck, head & face)
- Middle body (back & arms)
- Lower body (legs & feet)

35′/60€

KOUKOUMI EXPERIENCE

 Koukoumi Signature •
A great combination of treatments that will boost your metabolism and detoxify your body including sauna, scrub and head or face massage 90' / 150 €

Koukoumi Relaxation for 2.
A couples treatment that starts off with a full body exfoliation, followed by a relaxing massage using light/medium pressure and an express facial suited to your needs. Treatments available upon request 120' / 320 €



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